

Prerequisites: ONE of the following: HS diploma/Equivalency, OR successful completion of ENG002 OR EFL073, OR unofficial college transcript showing successful completion of college level English (ENG 111 or higher).

Corequisites: None

This course is designed to prepare individuals to provide personal care and perform basic nursing skills for the elderly and other adults. Emphasis is on the aging process including mental, social, and physical needs of the elderly, patients' rights, nutrition management, elimination procedures, safe environment, restorative services, personal and special care procedures activities, human body structure and function, related common disease/disorders, communication and documentation, death and dying, and roles of nurse aides and/or health team members. The course includes class, skills lab, and clinical learning experiences.

Upon successful completion, students are eligible to take the NC Nurse Aide Competency Evaluation for listing on the NA I Registry.

Course Hours per Week: Class, 3. Lab

- P. Family and Family Support
- Q. Person Centered Care
- R. Cognitive Changes Due to Aging
- S. Psychological Effects of Aging
- T. Dementia and Alzheimer’s Disease
- U. Mental Health and Mental Illness
- V. Pain
- W. End of Life Care

State approved Curriculum: Nurse Aide I Training Program

Equipment and Supplies: Student Uniform, black or white shoes, watch with a second hand, Stethoscope

Blood pressure cuff, gait belt

1. Hepatitis B vaccination series.
2. negative TB skin/blood test results valid through the end of the course:
 - A 2-step test (given 3 weeks a part) *OR*
 - A QuantiFERON Gold Blood Test (Lab report required) *OR*
 - A negative chest x-ray within the past 5 years if you have a history of a positive PPD (TB test).
3. Tetanus, Diphtheria, Pertussis vaccination
4. 2 doses of Measles, Mumps, and Rubella (MMR) immunization or positive Titer
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